

WNY Infant Toddler Resource Network Winter-Spring 2023 **PROFESSIONAL DEVELOPMENT CALENDAR**



WNY Infant Toddler Resource Network is pleased to offer these FREE training opportunities to center and home-based providers that care for infants and toddlers.

Trainings will take place in person or virtually.

Please check training details for location.

Trainings are conveniently offered in the evening or weekends.



Quality infant and toddler care begins with you!



VIRTUAL TRAINING OPTIONS

Each of these topics will be delivered virtually via Zoom

To register visit:

<https://wnychildren.org/training>

- **ACES 101**

When: January 14, 2023, 8:30-11:30am (topic area 10)

Where: Zoom

Trainers: Beth Faulkner (Chautauqua County)

This training will increase your understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 101-Level ACE Institute Training for Early Childhood Education Professionals is the first training in a series designed to broaden the awareness of the effects of ACE's on children. This is the foundational training in which providers will learn the basic brain science surrounding the ACE's research. In later training, providers will apply this knowledge and gain practical strategies for trauma informed practice in early childhood education.

- **ACES 201**

When: February 11, 2023, 8:30am-11:30am (topic area 10)

Where: Zoom

Trainer: Beth Faulkner (Chautauqua County)

This training aims to broaden the state's understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 201-Level ACE Institute training for Early Childhood Education Professionals is the second training in a series designed to broaden the awareness of the effects of ACE's. This workshop begins to unpack science-aligned interventions for both children and adults to create regulated spaces in child care programs. Providers will practice the key relational skills of co-regulation and reframing of behavior to strengthen a provider's response to children's stress behavior.

****Zoom trainings are best taken on a desktop computer or laptop.*

*A microphone and camera are required to participate and receive training credit****

Create a free Zoom account at zoom.us

OCFS REQUIRED TRAINING TOPIC AREAS

Topic 1: Principles of childhood development, focusing on the developmental stages of the age groups for which the program provides care

Topic 2: Nutrition and health needs of infants and children

Topic 3: Child day care program development

Topic 4: Safety and security procedures

Topic 5: Business record maintenance and management

Topic 6: Child abuse maltreatment identification and prevention

Topic 7: Statutes and regulations pertaining to child day care

Topic 8: Statutes and regulations pertaining to child abuse and maltreatment

Topic 9: Education and information on the identification, diagnosis and prevention of shaken baby syndrome

Topic 10: Adverse Childhood Experiences (ACEs)

IN PERSON TRAININGS

These trainings will be offered in person at various locations
Please contact the Infant Toddler Specialist in your county for registration

Erie County

- **Behavior Guidance with Infants and Toddlers**

When: April 13, 2023 6-8pm (topic areas 1, 3, 4)

Location: Child Care Resource Network, 1000 Hertel Avenue Buffalo, NY 14223

Trainer: Kelsey Stempien

In this training, participants will examine their current practices used to guide infant and toddler behavior. Together we will work towards a more responsive and gentle understanding of infant and toddler social emotional development and learn new prevention strategies to guide our goals for these young children.

- **Loose Parts Play**

When: May 23, 2023, 6-8pm (topic areas 1, 3, 4)

Location: Child Care Resource Network, 1000 Hertel Avenue Buffalo, NY 14223

Trainer: Kim Puma

In this training, participants will learn just what we mean by Loose Parts and how to incorporate this type of play safely into your infant and toddler spaces. Participants will engage in activities meant to brainstorm how Loose Parts supports the domains of development and begin to create a plan to incorporate Loose Parts into their current program.

Genesee-Orleans Counties

- **ACES 101**

When: March 11, 2023, 9am-12p (topic area 10)

Where: Community Action in Batavia, NY 14020

Trainer: Linsey Vallett

This training will increase your understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 101-Level ACE Institute Training for Early Childhood Education Professionals is the first training in a series designed to broaden the awareness of the effects of ACE's on children. This is the foundational training in which providers will learn the basic brain science surrounding the ACE's research. In later training, providers will apply this knowledge and gain practical strategies for trauma informed practice in early childhood education.

- **ACES 101**

When: June 10, 2023, 9am-12pm (topic area 10)

Where: 16 N Street Albion, NY 14411

Trainer: Linsey Vallett

This training will increase your understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 101-Level ACE Institute Training for Early Childhood Education Professionals is the first training in a series designed to broaden the awareness of the effects of ACE's on children. This is the foundational training in which providers will learn the basic brain science surrounding the ACE's research. In later training, providers will apply this knowledge and gain practical strategies for trauma informed practice in early childhood education.

IN PERSON TRAININGS

CONTINUED . . .

Niagara County

- **Understanding Stress & Burnout in Child Care Settings**

When: February 7, 2023 6-8pm (topic areas 3, 4)

Where: 1521 Main Street Niagara Falls, NY 14305

Trainer: Kelly Janese

If you work with children, you often face intense pressure in the classroom. This was true before the pandemic, but now you may be feeling it even more, and you aren't alone. Many teachers are experiencing record levels of stress, trauma, and burnout. It's a lot to manage, and you may feel like you are at your breaking point. Join us to understand and learn what stress is, what's causing your stress, how it affects you physically, mentally, and emotionally. As well as how it takes a toll on you in & out of the classroom. Learn what you can do about it with strategies and ideas on how to cope and overcome it.

- **Understanding Stress & Burnout in Child Care Settings**

When: April 11, 2023 6-8pm (topic areas 3, 4)

Where: 1521 Main Street Niagara Falls, NY 14305

Trainer: Kelly Janese

If you work with children, you often face intense pressure in the classroom. This was true before the pandemic, but now you may be feeling it even more, and you aren't alone. Many teachers are experiencing record levels of stress, trauma, and burnout. It's a lot to manage, and you may feel like you are at your breaking point. Join us to understand and learn what stress is, what's causing your stress, how it affects you physically, mentally, and emotionally. As well as how it takes a toll on you in & out of the classroom. Learn what you can do about it with strategies and ideas on how to cope and overcome it.

- **Container Baby Syndrome**

When: May 9, 2023 6-8pm (topic areas 1, 3, 7)

Where: 1521 Main Street Niagara Falls, NY 14305

Trainer: Kelly Janese

This training is designed to help providers have an open and exploratory environment, responsive caregiving, and age appropriate materials and experiences in their programs. Participants will understand what Container Baby Syndrome is and how the excessive use of containers can lead to developmental delays in babies.

IN PERSON TRAININGS CONTINUED . . .

Allegany, Cattaraugus, Wyoming Counties

Coming soon! Spring 2023

Space will be limited

Contact Josie Virkus for more information

- **Transitions**, 2.5 hours (training topics 1, 3)
Transitions should be looked at as a continuation of the day not as a disruption between activities. This training will provide child care providers with ways to create transitions that work for everyone. It will allow providers to reflect on their own transition practices and support them as they find new ways to guide children from one activity to the next in a productive manner.
- **Developmentally Appropriate Practice**, 3 hours (training topic 1, 3)
Together we will identify the 5 key areas of DAP, discuss the roles of the Provider in supporting child development for each age group, look at how to ensure learning experiences that incorporate culturally relevant content that is supported by DAP, as well as exploring and observing routines, assessments and lessons plan to recognize DAP.
- **ACES 301**, 3 hours (training topics 1, 3, 10)
Apply the science of ACES 101 and the strategies of ACES 201 to create regulated spaces in your childcare program. You need to have completed ACES 101 and 201 prior to attending this program.
- **Mindfulness Matters (Wyoming County)**, 2 hours (training topics 1, 3, 10)
Learn to incorporate calm and focus with your Infants and Toddlers. Explore ways to include mindfulness techniques for both you and the children your care for. Teach the children self-care and regulating skills early on. Training will also demonstrate how to use various mindfulness materials with Infants and Toddlers. Registration is limited.
- **Healthy Sexual Development**, 2 hours (training topic 1)
This training focuses on supporting the development of healthy relationships and secure attachments - the prerequisites for healthy sexual development. As this training is designed for infant and toddler providers, the majority of the training targets the actions of caregivers and their interactions with infants and toddlers - how those actions and interactions affect healthy relationship development. The training strives to shift the perspective of caregivers to help deepen an understanding of respectful relationships with the children in their care and takes time to build skills in this area.

COMING SOON!!!

Infant Toddler Pyramid Model, Modules 1-3 SPRING 2023



- **Module 1: Social Emotional Development within the Context of Relationships**
 - Understanding the importance of social emotional development and how it unfolds during the infant and toddler years.
 - What is social emotional development?
 - Considering the foundational nature of early relationship experiences.
 - Forming and maintaining relationships with your young children, families and co-workers.
 - Identifying responsive care giving strategies adults can use to support infants and toddlers.
- **Module 2: Responsive Routines, Environments, and Targeted Strategies**
 - Identifying ways a high-quality supportive environment can promote social emotional development in infants and toddlers.
 - Exploring how the environment can help provide support and prevent challenging behavior.
 - Targeted strategies to enhance social emotional well-being of infants and toddlers.
 - Understanding the positive impact of responsive caregiving routines and well-designed learning environments.
- **Module 3: Individualized Intervention: Determining the Meaning of Behavior and Developing Appropriate Responses**
 - Overview of Positive Behavior Supports
 - Reviewing the dimensions of communication: Form and function
 - Considering behavior, including challenging behavior as communication
 - Providing an introduction to Functional Assessment
 - Understanding the development of Behavior Support Planning

WNY INFANT TODDLER RESOURCE NETWORK

Supporting Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties

The Western New York Infant Toddler Resource Network is a regional network of Infant Toddler Specialists prepared to offer you high quality infant and/or toddler support with your licensed/registered home or center-based program. Most of our services are free and can be accessed by contacting the Infant Toddler Specialist in your county.

These services include:

- Environmental Rating Scales (ITERS/FCCERS)
- Coaching
- Free resources
- Developmentally Appropriate Guidance
- Navigating relationships with families
- OCFS regulation support
- And more!

In addition to our scheduled trainings, your Infant Toddler Specialist can also train your staff based on your specific training needs.

Some training topics include:

- Infants and Toddlers and Teeth, OH MY! (Biting)
- I Missed You Today; Separation Anxiety with Infants and Toddlers
- Container Baby Syndrome
- Math and Science for Infants and Toddlers
- Mandated Reporting & Infant Head Trauma Training
- Supervision
- And more!

Infant Toddler Specialists by County:

Erie County

Kim Puma kpuma@wnychildren.org

716-877-6666 ext. 3090

Kelsey Stempien kstempien@wnychildren.org

716-877-6666 ext. 3035

Niagara County

Kelly Janese kjanese@niagaracap.org

716-285-8572 ext. 104

Chautauqua County

Beth Faulkner bfaulkner@chautopp.org

716-661-9430 ext. 2295

Genesee-Orleans Counties

Linsey Vallett lvallett@caoginc.org

585-300-3195

Allegany, Cattaraugus, Wyoming Counties

Josie Virkus jvirkus@accordcorp.org

585-268-7605 ext. 1226